

T1 Lobster Class Weekly Class Timetable– Danecourt School 2025-26

Class: Lobster		Teachers: Emily Watts / Jonathan Selmes (HLTA)		Track: Discover		TAs: Tania, Maria, Lynne, Phoebe		NOR: 10		
Time	Monday		Tuesday		Wednesday		Thursday		Friday	
9:00am	Wellbeing Independence Physical English Communication Maths Zones of Regulation, Breakfast Club, Fine Motor Skills and Independent work Activities, Sensory Circuits.		Wellbeing Independence Physical English Communication Maths Zones of Regulation, Breakfast Club, Fine Motor Skills and Independent work Activities, Sensory Circuits.		Wellbeing Independence Physical English Communication Maths Zones of Regulation, Breakfast Club, Fine Motor Skills and Independent work Activities, Sensory Circuits.		Wellbeing Independence Physical English Communication Maths Zones of Regulation, Breakfast Club, Fine Motor Skills and Independent work Activities, Sensory Circuits.		Wellbeing Independence Physical English Communication Maths Zones of Regulation, Breakfast Club, Fine Motor Skills and Independent work Activities, Sensory Circuits.	
9:25am	Communication Community Wellbeing 'Hello' Song, Good Morning / Register, Lunch choices. DOTW song		Communication Community Wellbeing 'Hello' Song, Good Morning / Register, Lunch choices, MOTY song		Communication Community Wellbeing 'Hello' Song, Good Morning / Register, Lunch choices, Season song		Communication Community Wellbeing 'Hello' Song, Good Morning / Register, Lunch choices, Weather song		Communication Community Wellbeing 'Hello' Song, Good Morning / Register, Lunch choices, Zones song 9:20-9:30	
9:35am	Wellbeing Independence Physical English Communication Maths Sensory Circuits, TEACCH trays and Phonics Rotation		Wellbeing Independence Physical English Communication Maths Sensory Circuits, TEACCH trays and Phonics Rotation		Wellbeing Independence Physical English Communication Maths Sensory Circuits, TEACCH trays and Phonics Rotation		Wellbeing Independence Physical English Communication Maths Sensory Circuits, TEACCH trays and Phonics Rotation		Wellbeing Independence Physical English Communication Maths Sensory Circuits, TEACCH trays and Phonics Rotation	
9:55am	Wellbeing Physical Movement Break		Wellbeing Physical Movement Break		Wellbeing Physical Movement Break		Wellbeing Physical Movement Break		Independence Physical Getting Changed for PE 945-10:00	
10:00am	Independence Physical Communication Maths Cooking 10:00-10:30		Independence Physical English Communication Maths TEACCH trays, Fine Motor, Topic Trays and Phonics Rotation		Wellbeing Communication Creativity Singing Assembly		Independence Physical English Communication Maths TEACCH trays, Fine Motor, Topic Trays and Phonics Rotation		Physical PE (Sports Hall Slot 10:00-10:30) 10:30-10:45- Getting Changed	
10:30am	Wellbeing Communication Playtime									
10:45a m	Communication Snack & Group		Communication Snack & Group		Communication Snack & Group		Communication Snack & Group		Communication Snack & Group	
11:00am	Wellbeing Calm time		Wellbeing Independence Physical English Communication Maths Outdoor Learning- 11:00-11:45		Independence Physical English Communication Maths TEACCH trays, Fine Motor, Discovery Trays and Phonics Rotation		Independence Physical English Communication Maths Sensology/ Fine motor Rotations		Community Communication Wellbeing Celebration Assembly	
11:10am										
11:20am	Attention Everyone (Stages 1-4) Soft Play									

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11:30am	Rotation 11:20-11:40			(Sensory Garden Slot 11:30-12) Wellbeing		Wellbeing Structured Choosing Time am
11:45am	Structured Discovery Time am		Structured Discovery Time am	Structured Discovery Time am	Structured Discovery Time am	11.45 Early lunch
12:00pm	Wellbeing Communication Independence Playtime then Lunch Time					
1:00pm	Wellbeing Physical Communication Sensory Circuits, Good Afternoon/Register, Zones Of Regulation		Wellbeing Physical Communication Sensory Circuits, Good Afternoon/Register, Zones Of Regulation		Wellbeing Physical Communication Sensory Circuits, Good Afternoon/Register, Zones Of Regulation	
1:05pm	Wellbeing Physical Yoga/Calming Movement		Wellbeing Physical Yoga/Calming Movement		Wellbeing Physical Yoga/Calming Movement	
1:15pm	Community Creativity Communication Topic Music session/ Social games	Community Creativity Communication Topic	Communication Community Physical Sensology		Community Creativity Communication Topic English Comm. Maths Community Creativity Attention Everyone (Stages 1-4) Creativity Communication Wellbeing Music	Wellbeing Physical Yoga/Calming Movement
1:20pm						
1:30pm			Physical Wellbeing Community Communication Bikes- 1:30-2:00	Community Creativity Communication Topic		
1:45pm						
2:00pm						
2:10pm	Independence Physical Communication Daily Jobs		Independence Physical Communication Daily Jobs		Independence Physical Communication Daily Jobs	
2:30pm	Wellbeing Physical Comm. Daily Mile		Wellbeing Physical Comm. Daily Mile		Wellbeing Physical Comm. Daily Mile	
2:45pm - 3:00pm	Class Story Time Hometime Routine		Class Story Time Hometime Routine		Class Story Time Hometime Routine	