

Hello Explore Families! This term our topic is **A Day in the Life** — exploring daily routines, the jobs people do, and the passage of time. Here is a look at what your child will be learning, and how you can join in at home.

Our 6-Week Journey

WEEKS 1–2

My New Routine

Settling in, my likes & dislikes, and getting to know my new friends.

WEEKS 3–4

My Independence Skills

Looking after myself — snacks, dressing, hygiene and healthy choices.

WEEKS 5–6

What Do Other People Do?

Exploring jobs and occupations, and noticing how daily routines differ.

Our Areas of Learning

Literacy

Reading the daily visual timetable, exploring *What Do People Do All Day?*, sequencing and functional print, handwriting and making a mini-book of their own day.

Maths

The passage of time — visual timers, exploring clock faces and "o'clock", sequencing picture cards of a daily routine, and building a class timeline.

Communication

Time words like "now", "next" and "yesterday", following 2–3 step instructions, and social phrases such as "Good morning, how are you?"

PSED

Classroom jobs (post-person, cleaner) with job lanyards, co-operating with routines, and adapting to "surprise" changes on the timetable.

Physical

Dressing and hygiene stations (zipping coats, brushing teeth, washing hands) and tool use — cutting soft fruit and pouring drinks at lunchtime.

Understanding the World

A "job spotting" walk around school to meet the cooks, caretakers and office staff, matching worker props to jobs, and mapping Busytown.

Key Vocabulary

First Then Now Next I like it
I don't like it Help me Timetable

Join In At Home

★ Try this together

Talk through your daily routine using "first", "then" and "next", and chat about the jobs you see people doing during the day. Let your child help with simple tasks like laying the table or getting dressed — it all builds independence.

Our Memorable Experience



The Giant Clockwork Walk

From breakfast to goodnight, we're doing it right!

A whole-track celebration of our topic in Week 6.

The hall becomes a giant clock face, with stations for each part of the day — a Breakfast Station, Work Station, Dinner Station and Bedtime Station. Children move around the clock, doing the right routine at the right time.

Week 6 event

Whole Explore track

Role play & routines

Key Dates

Your Explore Team

Date	What's Happening	Bumblebee	Butterfly	CraneFly
Mon 5 Oct	Flu Vaccinations — Gillingham	Jo Avis	Sarah Beaumont / Jess Jeffries	Rosie Caveney
Fri 9 Oct	Macmillan Coffee Morning	Ladybird	Dragonfly	Firefly
Fri 9 Oct	Year 6 Residential	James Hare	Becca Horton	Sarah Knowles
		Mayfly		
		Charlotte Faulkes		

 If you have any queries, please reach out to your child's class teacher via **Class Dojo**. We're always happy to help.